



**serokolo spa**

**MASHATU**

TOUCHED BY AFRICA





# ABOUT US

Welcome to Serokolo Spa Mashatu which is located in the splendour of Mashatu Game Reserve, Botswana. Serokolo is a Setswana name for the African Wild Ginger, an indigenous plant with amazing medicinal and cosmetic properties. Our treatments are performed in the tranquility of Mashatu Spa house at Mashatu Lodge.

With our signature massages and other treatments, we revitalise your sense of harmony and reactivate positive-energy flow in your body. At the end of your Spa experience, when you are refreshed and rejuvenated, the breathtaking sights of the land of giants awaits you.

## SERVICE HOURS

Early Bird Spa .....	06:00 - 08:00HRS
Day Spa 08:30 .....	08:30 - 17:00HRS
Sundowner Spa .....	18:00 - 19:30HRS
Evening Spa .....	20:00 - 21:30HRS



# TREATMENTS

## 01

### AROMA INFUSED BODY MESSAGES

Our aroma-infused body massages help ease sore muscles and improve blood flow. We use an assortment of organic massage oils to soothe your skin and stimulate mental time-out. While ideal after long hours of physically-engaging safari activities, these massages can be provided at any time within operating hours.

**Oil Selection:** Ginger, Lavender, Geranium, Rosemary, Sweet Orange and Peppermint.

- HAND MASSAGE..... 20mins - \$35
- BACK & NECK MASSAGE..... 40mins - \$70
- FULL-BODY MASSAGE..... 60mins - \$105
- COUPLES FULL-BODY MASSAGE..... 60mins - \$190

## 02

### HOT STONE MESSAGES

A classic body massage using heated basalt stones to release deeper muscle tension, aid blood circulation and leave your body feeling light and rejuvenated.

- BACK HOTSTONE & AROMATHERAPY..... 45mins - \$84
- FULL BODY HOTSTONE & AROMATHERAPY..... 75mins - \$168
- COUPLES FULL BODY HOTSTONE & AROMATHERAPY..... 75mins - \$300

\*Prices valid from 1<sup>st</sup> January 2024 to 31<sup>st</sup> December 2024

# TREATMENTS



## 03 FOOT THERAPY

Our signature foot treatments exfoliate and relieve tired feet. These include pressure point (or reflexology) foot massage, heel care, luxury exfoliation and mask, all of which will keep your feet feeling light and sandal-ready! This treatment does not include toe-nail paint.

**Scrub Scents:** Rooibos & Honey, Charcoal & Ginger and Sugar & Morula.

CLASSIC FOOT MASSAGE .....	25mins - \$42
SCRUB & MASSAGE .....	40mins - \$52
MINI PEDI & MASK .....	60mins - \$66

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# GUIDELINES FOR GUEST

## HEALTH BACKGROUND

For reasons of medical safety, guests are advised to share their history of any health conditions (such as high blood pressure, allergies, pregnancy or any other health-related issues) when making an appointment.

## RESERVATIONS & ENQUIRIES

Pre-Bookings: Prior to arrival at Mashatu Game Reserve, guests may pre-book their Serokolo Spa Mashatu appointments through their booking agent. All Spa treatments are provided at Mashatu Lodge.

Bookings at Camp: Enquiries may be made through any of our camp reception desks. Subject to availability.

## APPOINTMENTS & CANCELLATION

Kindly note that delays in guest arrival (resulting from either late check-in or extended game-viewing activities) should be communicated to Mashatu Lodge reception.

Missed spa bookings will be re-scheduled but if guests are unable to reschedule, they will forfeit their payment. Mashatu's Nature Reserve's cancellation policy applies to all cancelled spa bookings. Copy available on request.

## SPA ENVIRONMENT

We encourage all guests to help us maintain a relaxed and tranquil ambience as well as to respect the privacy of fellow guests. On that basis, guests are requested to keep their mobile phones switched off for the entire duration of their stay. Due to safety considerations and limited space, children under 12 are not allowed in the Spa.

## VALUABLES

We recommend you leave valuables in the safe in your suite as we do not provide individual lockers at the Spa.

