Easy Roosterbrood Recipe

A picture containing food, dish, pan, cooked

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Serves: 36 rolls

 Cooking Time: 1 hour

INGREDIENTS

* 1kg cake flour
* 15ml (1 tbsp) salt
* 30ml (2 tbsp) sugar
* 60g margarine
* 10g instant yeast
* 250ml (1 cup) milk
* 375ml (1½ cups) lukewarm water

INSTRUCTIONS

1

Mix all the dry ingredients together and rub the margarine in with your fingertips. Mix in the yeast. Add the milk and enough of the warm water to form a soft dough.

2

On a lightly floured surface, knead the dough until it is smooth and elastic. Cover and leave to rest for 5 minutes.

3

Knock the dough down, divide it into 36 equal pieces and shape into round balls. Place the balls on a greased baking tray, leaving enough space between them to allow for rising. Cover and leave to rise in a warm place until they have doubled in size, about 30 minutes.

4

Cook on a medium braai flame until golden brown, about 15 minutes.